

**Understanding Adolescent Project (Primary)
Post-Activity Assessment (For Primary 4, 5 and 6)
Intensive Programme (Primary _____ in the _____ / _____ school year)**

Students' Questionnaire

(I) On the whole, do you think the Understanding Adolescent Project (UAP) is useful? Please put a “✓” against the most appropriate answer.

Useless Useful Very useful

(II) Do you think the UAP is useful to you in the following aspects (Item 1–26)? Please **circle** the answer you consider to be the most appropriate.

	Useless	Useful	Very useful		Useless	Useful	Very useful
1). Positive attitude towards life	1	2	3	14). Being willing to improve your own weaknesses	1	2	3
2). Communication with teachers	1	2	3	15). Ability of self-reflection	1	2	3
3). Communication with classmates	1	2	3	16). Helping others	1	2	3
4). Respect towards others	1	2	3	17). Accepting others	1	2	3
5). Cooperation with classmates	1	2	3	18). Accepting yourself	1	2	3
6). Being willing to accept others' advice	1	2	3	19). Willing to face and overcome difficulties	1	2	3
7). Control of your own emotion	1	2	3	20). Reasonable expectation for yourself	1	2	3
8). Actively express your own emotion, ideas and opinions	1	2	3	21). Being sure of your own value	1	2	3
9). Being positive in handling things	1	2	3	22). Behaviour in class	1	2	3
10). Allocation of time	1	2	3	23). Ability of solving problems	1	2	3
11). Work according to the established goals	1	2	3	24). Seeking help from teachers or social workers when encountering difficulties	1	2	3
12). Sense of responsibility in work	1	2	3	25). Choosing friends	1	2	3
13). Patience in work	1	2	3	26). Sense of belonging for the school	1	2	3

(2025 revised version)

**Understanding Adolescent Project (Primary)
Post-Activity Assessment (For Primary 4, 5 and 6)
Intensive Programme (Primary _____ in the _____ / _____ school year)**

Parents' Questionnaire

(I) On the whole, do you think the Understanding Adolescent Project (UAP) is useful? Please put a “✓” against the most appropriate answer.

Useless Useful Very useful

(II) Do you think the UAP is useful to you in the following aspects (Item 1–26)? Please **circle** the answer you consider to be the most appropriate.

	Useless	Useful	Very useful		Useless	Useful	Very useful
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(2025 revised version)